



OUR PURPOSE: *to provide a Spiritual and Physical environment in which people from all walks of life can engage in the diverse possibilities for peace.*

“We need human beings who are willing to dedicate themselves to the Great Work of Education, and each person in their area of interest can play an important role if they become aware of their mission.”
 Dr Serge R. de la Ferrière, His Letters, V.III, p.50

Hovea Ashram – 805 Margaret Rd. Hovea WA 6071



Pictures from our joyful event last month for International Women’s Day, March 8th, 2026.

We run events of all kinds, celebrating unique and wonderful interests, drawing from education, the arts, writing, astrology, health and medicine, dance, spirituality and more. If you have a special subject to speak on, do come and chat with us, or just come and enjoy the Hovea smorgasbord of events!

Our Program April-June 2026

PORTRAIT SESSIONS (EACH WEDNESDAY)

Open drawing sessions for artists wishing to take up the challenge of portraiture in a perfect setting. Bring all your own materials, including an easel, etc., plus a ground sheet if you plan to use paint. Morning tea provided. \$25. Beginners are welcome.

WEDNESDAY 1 ST APRIL	9:30-12:30 pm	<i>Peter Efford</i>	Portrait Session
THURSDAY 2 ND APRIL	7:00-8:00 pm	<i>Manita Beskow</i>	Full Moon Meditation
SUNDAY 5 TH APRIL	10:00-1:00 pm	<i>Manita Beskow</i>	Monthly Day Retreat
	1:00-2:00 pm	Lunch	
	2:00-3:00 pm	<i>Christina Hall</i>	Sound Meditation
TUESDAY 7 TH APRIL	7:00-8:00 pm	<i>Manita Beskow</i>	Meditation in person or Zoom

WEDNESDAY 8TH APRIL	9:30-12:30 pm	<i>Peter Efford</i>	Portrait Session
SATURDAY 11TH APRIL	10:00-12:00 noon	<i>Rose-Marie</i>	Know-Thyself/Bio-Well

Know Thyself – Looking Within – Heal Thyself

This is a rare opportunity to experience the Bio-Well GDV Camera, a revolutionary, non-intrusive way to measure the human energy field using a specialised camera and software system.



A Bio-Well scan is a delightfully simple and engaging experience that analyses the state of your mental, emotional and physical health, providing visual maps and a clear understanding of any imbalances that may be present. Having this insight empowers you to see and choose how you manage your health and wellbeing going forward.

Rose-Marie Zilioli is a Certified Electrobiography Field Testing Technician incorporating Geobiology. A BioWell EPI Practitioner and holds an advanced certificate in BioGeometry.

Has over 40 years' experience in studying, testing and healing energy fields of the human body, earth body and the spaces we live in. The mission is to change dissonant vibrations into harmonious resonant frequencies.

The \$50 cost includes a BioWell scan, which provides a 25-page visual report and an easy-to-read analysis. NB: Short nails are required to scan fingertips.

Those interested yet unable to attend can contact Rose-Marie for a home visit at a standard cost of \$120 per person. Family group scans are negotiable. Email: BioWell_Report@proton.me

SATURDAY 11TH APRIL	2:00-4:00 pm	<i>Karen Davis</i>	Art Class- in the Garden
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RE - ART IN THE GARDEN Join Karen in the beautiful Ashram Garden for some open art experiences. You will find plenty of inspiration here - from the tiniest flower to the largest tree, the smallest details or the broadest majesty of this wonderful environment.

(If it's raining, we can bring some inspiration inside or choose one of the many windows to draw the garden through)

Karen is an experienced Art and Design teacher and will be available to support or guide you if desired. Some equipment will be available for beginners, but it is best to bring your own favourite gear and a board to lean on, or a sketchbook of your choice with firm backing (we can supply A4 clipboards, but bigger is better). All are welcome, and no experience is required.

These sessions are by donation to Hovea Ashram.

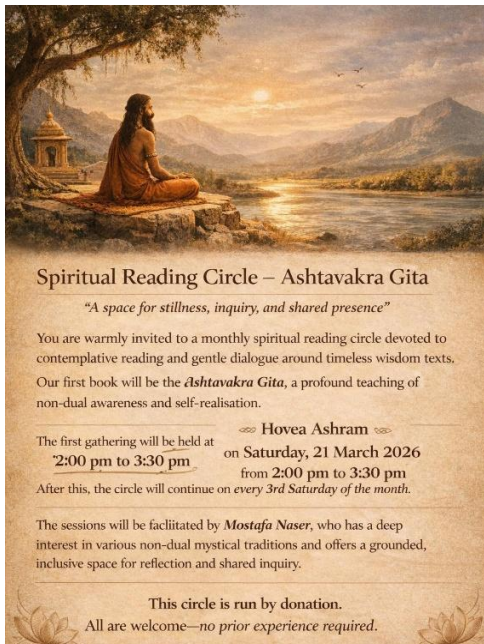
Please contact Karen for details or queries - 0400 957 814

Tuesday	14 th April	7:00-8:00 pm	<i>Manita Beskow</i>	Meditation in person or Zoom
Wednesday	15 th April	9:30-12:30 pm	<i>Peter Efford</i>	Portrait Session

Open drawing sessions for artists wishing to take up the challenge of portraiture in a perfect setting. Bring all your own materials, including an easel, etc., plus a ground sheet if you plan to use paint. Morning tea provided. \$25. Beginners are welcome.

Saturday	18 th April	10:00-12:00 pm	<i>Fairy Tale</i>	Reading & Discussion
Saturday	18 th April	2:00-3:30 pm	<i>Spiritual Reading</i>	Ashtavakra Gita

SPIRITUAL READING CIRCLE OF ASHTAVAKRA GITA with MUSTAFA NASER



TUESDAY	21 ST APRIL	7:00-8:00 pm	<i>Manita Beskow</i>	Meditation in person or Zoom
WEDNESDAY	22 ND APRIL	9:30-12:30 pm	<i>Peter Efford</i>	Portrait Session

Open drawing sessions for artists wishing to take up the challenge of portraiture in a perfect setting. Bring all your own materials, including an easel, etc., plus a ground sheet if you plan to use paint. Morning tea provided. \$25. Beginners are welcome.

SUNDAY	26 TH APRIL	10:00-3:30 pm	<i>Vivien Beere</i>	Jung Society Workshop
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Flyer April Vivien Beere Sunday Work:

The Magic of the Everyday: your heart's desire may be bigger than you think!
To register, contact the President at britt.garrett@westnet.com.au

TUESDAY	28 TH APRIL	7:00-8:00 pm	<i>Manita Beskow</i>	Meditation in person or Zoom
WEDNESDAY	29 TH APRIL	9:30-12:30 pm	<i>Peter Efford</i>	Portrait Session

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FRIDAY	1 ST MAY	7:00-8:00 pm	<i>Manita Beskow</i>	Full Moon Meditation <i>Anahata Chakra - Guru Day Celebration</i>
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Saturday 2nd May 2:00-4:00 pm *Kate Barrett-Lennard* Poetry Workshop

POETRY, PRAYER, AND CREATIVE WRITING

Theme: New Beginnings

Join us for an afternoon that celebrates poetry and new beginnings, even the small ones! A time to celebrate the beginnings of new cycles... in any form.

We will read beautiful poems and hear their backgrounds stories – each from Kate’s upcoming new book ‘Mystical Writings’.

With a clear prompt you will be guided to writing your own verse; a time to flow with the language of your soul. If you wish to begin with a drawing and then write- this too is good. We will have gentle music from time to time. Come and enjoy a soulful, afternoon with Kate. All welcome.



Contribution: \$20.00 FOR ASHRAM . TO Bookings; Please Text 0407713710

SUNDAY 3RD MAY 10:00-1:00 pm *Manita Beskow* Monthly Day Retreat
 1:00-2:00 pm Lunch
 2:00-3:00 pm *Christina Hall* Sound Meditation

TUESDAY 5TH MAY 7:00-8:00 pm *Manita Beskow* Meditation in person or Zoom

WEDNESDAY 6TH MAY 9:30-12:30 pm *Peter Efford* Portrait Session

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SATURDAY 9TH MAY 9:30-4:30 pm *Sofia* Earth Yoga Retreat
 To Book Sophia’s Retreat Text on 0431 763 084

TUESDAY 12TH MAY 7:00-8:00 pm *Manita Beskow* Meditation in Person or Zoom

WEDNESDAY 13TH MAY 9:30-12:30 pm *Peter Efford* Portrait Session

Open drawing sessions for artists wishing to take up the challenge of portraiture in a perfect setting. Bring all your own materials, including an easel, etc., plus a ground sheet if you plan to use paint. Morning tea provided. \$25. Beginners are welcome.

Saturday 16th May 10:00-12:00 pm *Fairy Tale* Reading & Discussion

Saturday 16th May 2:00-3:30 pm *Spiritual Reading Circle-Ashtavakra Gita*
 With Mustafa Naser, as per the April 18th flyer

TUESDAY 19TH MAY 7:00-8:00 pm *Manita Beskow* Meditation in Person or Zoom

WEDNESDAY 20TH MAY 9:30-12:30 pm *Peter Efford* Portrait Session

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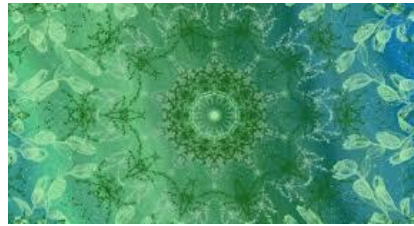
SATURDAY 23rd MAY

10:00-12:00 pm

Pranita-BK

Healthy Balance

HEALTHY BALANCE



Meditation For Inner Harmony

Ayurveda For Holistic Wellbeing

Join *Pranita*, an experienced Raja Yoga meditator and educator in The Brahma Kumaris' teachings, who brings her love for timeless Ayurvedic knowledge and offers her wisdom to support natural healing and a healthy balance.

Includes

- **Simple Ayurvedic food principles for everyday wellbeing**
- **A calming, guided Raja Yoga meditation to restore inner balance**
- **Insight into how thoughts and emotions work while cooking and eating influence the energy of food**
- **Live demonstration of *three recipes* using Ayurvedic principles**

Followed By: *Complimentary Lunch*

Venue: Hovea Ashram 805 Margaret Road, Hovea **Mobile:** 0419043768

Trybooking link: <https://www.trybooking.com/DKZDGG>

TUESDAY 26TH MAY

7:00-8:00 pm

Manita Beskow

Meditation in Person or Zoom

WEDNESDAY 27TH MAY

9:30-12:30 pm

Peter Efford

Portrait Session

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SATURDAY 30TH MAY

10:00-12:00 noon

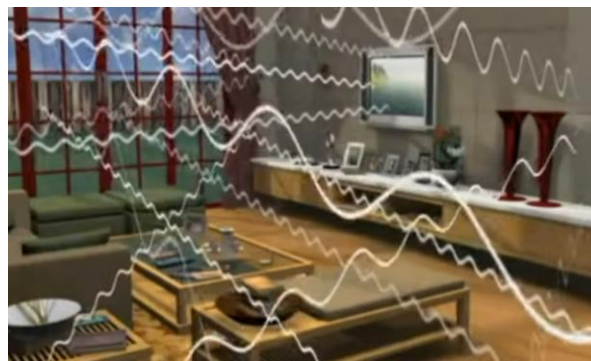
Rose-Marie

What is EMF - RFR – WiFi – Bluetooth

How is it affecting you? What can you do about it?

Numerous scientific studies on RFR clearly demonstrate that man-made radiation is dangerous to our health. More public education is needed to expose the truth about the harmful effects of EMF & RF radiation on adults, children, and babies, as well as on animal, plant, and insect life.

Rose-Marie Zilioli, a Certified EMF Testing Technician who is passionate about health and education, will be giving a community talk on how we are all living in a smog of EMR & RFR and how we can easily lessen the impact on our health and living environment at home, at work, and at play.



Over 40 years ago, back in the 1980's our TV, Radio and Radio alarm clock were the most common sources of radiation in the home. Now in the 2020's we are flooded with radiation from all directions inside the home, at work in your car and in outside spaces.

Electromagnetic Radiation (EMR or EMF) and Microwave Radiofrequency Radiation (RFR or WiFi) that isn't seen, touched, tasted, smelt or talked about and is harming you. EMF as well as RFR travel long distances and penetrate walls, doors, floors, windows and...

Rose-Marie will be giving a presentation on the what, where, and how of RADIATION, the various sources surrounding us, and the most dangerous sources that most people would have no idea are affecting them daily. A demonstration will be provided using an RF Meter (available for hire to test your home). We will also discuss ways to reduce, harmonise, or eliminate the amount of radiation you and your family absorb.

Email: BioWell_Report@proton.me

The cost of the Presentation is \$35, with a \$30 concession. Part of the fees will be donated to the Ashram.

SATURDAY 30TH MAY

2:00-4:00 pm

Karen Davis

Art Class-In the Garden

Join Karen in the beautiful Ashram Garden for some open art experiences. You will find plenty of inspiration here - from the tiniest flower to the largest tree, the smallest details or the broadest majesty of this wonderful environment.

(If it's raining, we can bring some inspiration inside or choose one of the many windows to draw the garden through)

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All are welcome, and no experience is required. These sessions are by donation to the Hovea Ashram

Please contact Karen for details or queries - 0400 957 814

SUNDAY 31ST MAY

8:30-4:30 pm

Dr Jiunn-Yih Su

One-Day Tao Retreat

AUTUMN ONE-DAY TAO AND LIFE RETREAT: THE ART OF DISCERNMENT

Join us on May 31st for a sanctuary of harmony for mind, body, and spirit. This autumn retreat invites you to explore the Three Discernments of Mencius—timeless ethical teachings that illuminate the path to a noble life:

- Righteousness vs. Profit – choosing integrity over mere gain.
- Kingship vs. Hegemony – embracing moral influence above force
- Humanity vs. Animality – honouring the spiritual essence that defines us

To support this inner cultivation, we will also offer a session on the Whole-Food, Plant-Based Diet that explores how conscious nourishment enhances health, well-being, and vitality. Let the wisdom of the ancients and the purity of nature guide you toward holistic renewal.

By Donation; Contact VK for Bookings; 0458 677 945

TUESDAY 2ND JUNE 7:00-8:00 pm *Manita Beskow* Meditation in Person or Zoom

WEDNESDAY 3RD JUNE 9:30-12:30 pm *Peter Efford* Portrait Session

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SATURDAY 6TH JUNE 2:00-4:00 pm *Anthony Naves & Joana*
Presenting on “The Elusianian Mysteries”

SUNDAY 7TH JUNE 10:00-1:00 pm *Manita Beskow* Monthly Day Retreat
1:00-2:00 pm Lunch
2:00-3:00 pm *Christina Hall* Sound Meditation

TUESDAY 9TH JUNE 7:00-8:00 pm *Manita Beskow* Meditation in Person or Zoom

WEDNESDAY 10TH JUNE 9:30-12:30 pm *Peter Efford* Portrait Session

Open drawing sessions for artists wishing to take up the challenge of portraiture in a perfect setting. Bring all your own materials, including an easel, etc., plus a ground sheet if you plan to use paint. Morning tea provided. \$25. Beginners are welcome.

SATURDAY 13TH JUNE 9:30-3:00 pm *Meath Conlan* Writing Workshop
A WRITING DAY WORKSHOP - ‘Granite & Grace’ — with Meath Conlan

What does the natural world unlock in us? In this gentle day of reading, writing and sharing, we will listen to four essays from a manuscript in progress — essays about Western Australian landscapes, deep memory, and the underground life that persists after every fire and every loss.

We read together. We write in private. We share what surfaces — if we wish. No writing experience is necessary. Just the willingness to sit quietly with a question and see what the silence gives back. Contribution: \$30

Meath Conlan is a topographical witness to the changing panoramas of Western Australia.

After Meath worked among refugees in Vietnam, Meath studied theology and was ordained, serving for decades as a pastor across 64,000 square kilometres of the Eastern Wheatbelt. He is the author of *Bede Griffiths: Friend and Gift of the Spirit* (Templegate, 2006), and in 2003, the Australasian Association of Religious Publishers awarded him the Prize for Excellence in Religious Writing. A contributor to *The Tablet* (London) and a monthly columnist for the Jesuit magazine *JIVAN*, Meath also serves as a Zen teacher to Zen Master Ama Samy at Kanzeon Zendo in India.

His commitment to the lateral roots of connection continues today through his weekly work as an online mentor to several dozen Afghan female educators.

Meath now tends a native garden at his Armadale hermitage, where he paints and writes in the light of the Seventh Season. He remains a student of the soil, believing that the most fragrant heartwood is grown in the season of the greatest stress.

Contribution: \$30.

TUESDAY 16TH JUNE 7:00-8:00 pm *Manita Beskow* Meditation in Person or Zoom

WEDNESDAY 17TH JUNE 9:30-12:30 pm *Peter Efford* Portrait Session

Open drawing sessions for artists wishing to take up the challenge of portraiture in a perfect setting. Bring all your own materials, including an easel, etc., plus a ground sheet if you plan to use paint. Morning tea provided. \$25. Beginners are welcome.

SATURDAY 20TH JUNE 10:00-12:00 pm *Fairy Tale* Reading & Discussion

SATURDAY 20TH JUNE 2:00-3:30 pm *Spiritual Reading Circle-Ashtavakra Gita*
with Mustafa Naser (As per the April 18 flyer)



Sunday 21st June 2026 9:30-4:00 pm

International Yoga Day
(Our Winter Solstice Celebration)



Andres Ricaldi

9:30	Hatha Yoga	ATANASIO CASTRO
10:30	Morning tea	PROVIDED
11.00	The Science and Art of Living	MANITA BESKOW
12.00	Lunch vegetarian	Thank you; please contribute
1.00	Restful Relaxing Movement	HELEN BOUD
3:00	Afternoon tea	PROVIDED
3:15	South American Music	DAVI LINDARTE
4:00	End	

Where: Hovea Ashram, 805 Margaret Road. Hovea. Bookings +61 419 043 768

Contribution: \$50 Please bring a vegetarian dish to share.

TUESDAY 23RD JUNE 7:00-8:00 pm *Manita Beskow* Meditation in Person or Zoom

WEDNESDAY 24TH JUNE 9:30-12:30 pm *Peter Efford* Portrait Session

Open drawing sessions for artists wishing to take up the challenge of portraiture in a perfect setting. Bring all your own materials, including an easel, etc., plus a ground sheet if you plan to use paint. Morning tea provided. \$25. Beginners are welcome.

TUESDAY 30TH JUNE 7:00-8:00 pm *Manita Beskow* Meditation in Person or Zoom



From the Tiny House to the Ashram

*It's a long way from the tiny house to the
Ashram;
There are meandering footpaths
Taking you to places
Where you may well want to stop a while
There are decorative sun-shelters to sit in
And partake of conversation over biscuits and
tea
Or YOU might run into bandicoots, so cute and
peculiar
And needing closer investigation...
But you could also find happy retreaters
Sitting on a garden bench-....
(an extract) Kate B-L*



1st photo: Kim and Kevin; 2nd photo: produced from our garden, developed by Kim Porter; 3rd photo: resident kangaroo.

Please Note

We offer beautiful rooms for artists, writers, researchers, meditators, and yoga practitioners. Our website: www.universalgreatbrotherhood.org.au

For Information: mani1@iinet.net.au or 041 9043 768

*“Our public Mission is to foster global understanding through diverse perspectives and promote unbiased information, aiming to help people see the world through various lenses and encourage critical thinking.”
Dr. de la Ferrière, S.C. I, 178.*

Blessings to all. Pax...Peace... Paix... Paz... Pace... Frieden...Heiping...